FOUR YEAR CAREER PLAN

First Year

- MEET regularly with your academic advisor
- COMPLETE a self assessment inventory in Career Exploration that will provide majors and careers that fit your interests, skills, values and personality
- SPEAK with departments across campus about academic majors, minors, and concentrations
- UTILIZE programsOfstudy.appstate.edu to review course requirements for majors and minors
- VISUALIZE and plan coursework for each semester at fouryearguides.appstate.edu
- RESEARCH on campus jobs at studentemployment.appstate.edu
- ATTEND the Majors Fair and Career Exploration Fair in October
- EXPLORE related career titles, internships and employers for AppState majors at careerexploration.appstate.edu/careers-in-my-major
- RESEARCH career titles and industry information via careergear.appstate.edu and O*Net Online, onetonline.org
- UTILIZE careergear.appstate.edu to identify local part time jobs
- GATHER information on course requirements and alumni profiles at appstate.edu/academics/majors
- JOIN a club and/or organization related to your major and interests, csil.appstate.edu
- IDENTIFY local volunteer opportunities that are related to your interests via volunteer.appstate.edu
- ATTEND club expo in August.
- APPLY for financial aid at fafsa.gov; check your appstate.edu email and the Financial Aid tab of your AppalNet account regularly for updates

Second Year

- CONTINUE to meet regularly with your advisor
- TAKE additional self assessments and explore majors and careers if you are undeclared
- ATTEND the Majors Fair and Career Exploration Fair in October
- SCHEDULE an appointment with your career counselor via CareerGear careergear.appstate.edu to develop your collegiate resume and discuss internship opportunities
- UTILIZE careergear.appstate.edu to research internships
- EXPLORE the internships website, internships.appstate.edu
- ATTEND the Internship Fair and Leadership and Involvement Fair in January
- CREATE a LinkedIn profile and network with fellow students, alumni and professionals with similar career interests
- COMPLETE informational interviews and job shadowing with professionals in your field(s) of interest
- PURSUE summer volunteer, work and internship opportunities
- ATTEND career fairs to learn about career fields and apply for part-time jobs or internships
- APPLY for financial aid at fafsa.gov and find out how to keep your loan debt down at financialaid.appstate.edu
**FOUR YEAR CAREER PLAN**

**Third Year**

- WORK with your career counselor to update and refine your resume and for assistance with applying to internships
- BUILD and develop your professional portfolio via A-portfolio appfolio.appstate.edu
- UTILIZE internships.appstate.edu for resources in finding and applying for internships
- EXPLORE research opportunities, osr.appstate.edu
- TAKE on leadership roles within clubs and organizations
- JOIN a regional or national professional organization in your field of study
- ATTEND career development workshops/events, career fairs, information sessions, and professional etiquette dinners
- DETERMINE if graduate or professional school would be beneficial in helping you reach your career goals
- ATTEND the Graduate and Professional Schools fair if interested in graduate school
- PRACTICE your elevator speech and professional networking skills; learn more about professional attire
- UPDATE your LinkedIn profile to enhance your professional image and continue connecting with employers, colleagues, campus/community leaders, and mentors
- APPLY for financial aid at fafsa.gov and check nslds.gov to find your current total student loan debt

**Final Year**

- SCHEDULE an appointment with your career counselor via careergear.appstate.edu to review your resume and discuss your job search strategy & post graduate plans
- UPDATE resume to include internship, volunteer, leadership, involvement, work and professional organizations
- COMPLETE a practice interview through Interview Stream appstate.interviewstream.com, an online practice interviewing software or in person with employers or career counselors
- ATTEND Career Center events, workshops and career fairs
- RESEARCH company and organization information for your field via onetonline.org and careergear.appstate.edu
- ATTEND an AppState, regional or national professional organization workshop and/or conference within your major
- APPLY for jobs and post graduate fellowships and programs during your senior year; be mindful of application deadlines
- UTILIZE careergear.appstate.edu to sign up for on campus interviews and search for jobs
- FOLLOW up with employers/interviewers and always send a thank you letter for their time and consideration
- IDENTIFY a list of references/professional contacts
- TAKE graduate school admissions test, write a personal statement and complete applications for graduate school
- APPLY for financial aid at fafsa.gov; complete Financial Awareness Counseling and Exit Counseling at studentloans.gov